

STOKE ASH & THWAITE

*He came
down to
earth
from
Heaven...*


Stoke Ash
Baptist Church

*...who is
God and
Lord of all*


*Happy Christmas from
everyone at SABCC*



December & January
Newsletter
2019 - 2020



GOOD MORNING!

BREAKFAST SERVED
UNTIL 11.30am
7 DAYS A WEEK



Buffet Selection £4.25
Unlimited Tea, Coffee and Toast to your table... then help yourself to any buffet items for no extra charge
(Add this on to any cooked breakfast)

Big Breakfast £6.50
Two Fried Eggs, two rashers of Bacon, Sausage, Mushrooms, Tomato, Baked Beans, Hash Browns, Fried Bread

Full English Breakfast £4.95
Fried Egg, two rashers of Bacon, Sausage, Mushrooms, Tomato, Fried Bread

Vegetarian Breakfast £4.95
Two Fried Eggs, Baked Beans, Hash Browns, Mushrooms, Tomato, Fried Bread



Code: whitehorse

Smoked Mackerel £4.45
With Scrambled Eggs

Bacon and Eggs £3.95
Scrambled, Poached or Fried

Eggs on Toast £3.95
Scrambled, Poached or Fried

Bacon or Sausage Sandwich £3.95
Thick sliced granary or white bread

Four Egg Omelette £4.45
Plain or with cheese, ham or mushrooms

Butchers Ham & Cheese £4.45
A baked roll, Cleveleys butchers smoked ham, smoked cheddar and creamy brie

Porridge £2.95
Made with Jumbo Oats and served with maple syrup

Toast and Preserves £2.00
Thick sliced bread with Tiptree Marmalade & Jams

Maple and Pecan Danish £2.00

Large Croissant and Preserves £2.00
With Tiptree Marmalade & Jams

Pot of Tea £2.45
Speciality Tea £2.45
Freshly Filtered Coffee £2.45
De-Café Coffee £2.45

Orange Juice (from the buffet) £1.25
Apple Juice (from the buffet) £1.25
Pineapple Juice £1.95
Grapefruit Juice £1.95
Cranberry Juice £1.95
Tomato Juice £1.95

Contact List of Organizations for Stoke Ash & Thwaite

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S/Ash Village Hall Bookings	Sheila Coe	01379678463
Management Committee	Lionel Coe	01379678463
Thwaite 50 Club Lottery	Christine Maisey Email: Maisey686@gmail.com	01449766286

The copy deadline for ALL issues this year will be the 10th of alternative months and for advertisers the 12th

This edition of the newsletter has been produced in good faith but errors and omissions may occur during the process of production. Please let us know if this is the case so that they may be corrected.

Please note that the views expressed in readers letters are not necessarily those of the editors. We cannot be held responsible for the accuracy of material submitted for publication; however we reserve the right to include, edit or omit letters as we think appropriate.



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Editors Ramblings



Due to our editor Ken being taken into Ipswich Hospital after having a fall we were not able to get to his computer to collect any items that may have been sent to him. The update is that Ken is still in hospital as at November 19th so we have phoned the various ones that normally supply article's and pictures, to help Ken to produce the December/January magazine.

We wish Ken a speedily recovery as we understand that he needs a knee replacement and will be out of commission for a while.

With reference to the Community lunches 'We'll meet again' held in The New hall at the Baptist Church, you will be pleased to know that the grant supplied by Pargiter Trust Fund will continue to sponsor us for the first 3 months of 2020. Thank you Pargiter Trust Fund!

On Ken's behalf can I thank everyone for their contributions during the year and also request that if you have some local stories and pictures PLEASE send them into us so that we can share and encourage our villages. Please also if you know anybody that needs help or a visit contact our parish councillors as we are here to help you where we can.

*May you all have a happy and blessed Christmas and let's not forget
'the reason for the season'.*

Knit, Craft & Natter

At The Old School Room, Wickham Road, Thwaite.
Bring your own crafting projects to make and encourage others,
friendly group with refreshments.

1st Friday monthly 10.00am to 12.30pm - fee £1
Contact Jacqui Lawrence on 01449 768116 or 07561142974

Stoke Ash Church **All Saints Church, Stoke Ash with Thwaite**

SERVICES

DECEMBER

Saturday 7th 4:00pm Christmas Carol Songs of Praise

Sunday 8th 9:00am Holy Communion BCP

JANUARY

Sunday 12th 9:00am Holy Communion BCP

Please remember to look at the church notice board for services.
These alternate which means there is a service every week at one
of the other lovely churches within our benefice.

Christmas Tree Festival

We are holding a Christmas Tree Festival at the church on:

Saturday November 30th 10:00am - 4:00pm

Sunday December 1st 11:00am 4:00pm

Saturday December 7th 10:00am - 3:00pm

(Followed by Christmas Carols at 4:00pm)

There will be a Grand Draw, stalls and refreshments including homemade cakes.

Stoke Ash Social Club

4th Tuesday in the month from 2.00 - 4.00pm

Come and join us for Whist, Uno, Dominos, Darts and a
Bingo session. Attendance charge is £1 with Refreshments

For more details: Lionel Coe 01379 678463

Stoke Ash Village Hall Lottery

£1 per week with weekly prize money of £25
based on the correct Saturday Bonus Ball.

Available at the Village Post Office

For more details: Sheila Coe 01379 678463

Angels

Following the Christmas Tree Festival on Tuesday 10th December keep your eyes open around the village and try to find the little Stoke Ash Angels.

They may even grant you a wish for the New Year.

Jumble Sale

We will be holding a Jumble Sale at the church in March 2020.

More details in the next Newsletter.

All monies raised are for the upkeep of the church.

Churchyard

A very big thank you to everyone who has helped to keep the churchyard clean and tidy this year. Your help and time are very much appreciated.

We will have another big tidy up early in January.

I wish you all a very Happy Christmas and a peaceful New Year.

God Bless

June

Thwaite Lottery Club

Subscription is by membership which is £5 a month or £60 per year
(at the moment we have 26 members)

We have a monthly draw with prizes of £25, £20 and £10

We end the year with a Grand Christmas Draw in November.

For more details: Christine Maisey 01449 766286

Thwaite Gardening Club

(including Veggie Plotters)

2nd Tuesday in the month at 7.30pm unless otherwise
advised. For visits please check with George

Come and join us for friendly advice,
encouragement and ideas.

For more details: George Parnell 01449 768686

Stoke Ash Village Hall Lottery Winners

Winners since last publication were:-

Sep 14th	J. Fleming.	£25
Sep 21st	J.Johnson.	£25
Sep 28th	J.Langan.	£25
Oct 5th	Roll Over	
Oct 12th	Roll Over.	
Oct 19th	E. Stanard.	£75
Oct 26th	T.Sheldrake.	£25
Nov 2nd	B.Monksfield	£25

Management Committee Notes.

Next Committee Meeting Monday 18th November.

Thanks to all who helped at the Harvest Supper and the Jumble Sale in Sept and October.



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www.susanwhymark.co.uk

Email: susan@susanwhymark.co.uk

News from The Rectory

'*O Star of Wonder, star of light* is the chorus from the well-known carol, 'We Three Kings of Orient Are', which comes in at number 18 in Classic FM's Top 30 list of Christmas Carols.

'We Three Kings' is the theme of this year's *Follow the Star* initiative by the Church of England, with 12 reflections for the Christmas period. Follow the Star invites you to experience the wonder and excitement of the Wise Men's journey as they follow the star to discover Jesus. You can sign up for free e-mail versions of the reflections via www.churchofengland.org/followthestar or download the free Follow The Star app for Android and iOS devices

Come and join us at All Saints Church, Stoke Ash for our second **Christmas Tree Festival** – Saturday 30th and Sunday 1st December from 10.00-4.00 and on Saturday 7th December for:

- The Christmas Tree Festival, 11.00-3.00
- The Grand Draw 1.00pm
- Carol Service 4.00pm *followed by mulled wine and mince pies*

I look forward to seeing you there!

Blessings, *Julia*

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*details on page 28***



**New Pilates classes at
Stoke Ash Primary School**

New Term starts Thursday 6th June.

**9:45am Beginners & 11:00am
Mixed Ability Group**

**Or join my existing classes on
Mondays in Thorndon, Tuesdays in Rickinghall or
Tuesdays & Wednesday in Mellis**

**Pilates can benefit everyone, no matter
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small groups to give you the attention you need.**

**Call Eleanore on 07881 814146 to book a space.
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"Children's welfare, learning and development is fully supported by the highly motivated staff" Ofsted 2012

Please visit our website www.gislinghamplaygroup.com or phone us on 01379 788934

What footpath is that then?



Stoke Ash & Thwaite Newsletter Advertising Rates

The following rates are effective from 1st October 2019

per annum (6 issues)

Full Page . . . £70 Half Page . . . £45 Quarter Page . . . £30

Subject to 10% prompt payment discount at first renewal and thereafter

Set up fee for all advertisement £8.00

Adverts in colour – Cost per annum (6 issues)

Full Page . . . £100 Half Page . . . £60 Quarter Page . . . £35

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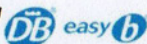
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**Stoke Ash magazine
wishes everyone a very
happy Christmas and
wonderful New Year**

Stoke Ash Gardening Club

Our October meeting “Revival of Medlars” was cancelled as the Speaker had got her dates wrong. However Rose Whisson our programme Secretary got Rob Sheriff, a speaker we have had before, to come. He gave us a talk on “Growing amongst nature’s flora and fauna”. This was very interesting as it covered from Deers to Earwigs, explaining the ways he guarded against the larger animals and how he protected plants from insects, black fly to earwigs. He illustrated his talk with many slides.

In November on Monday 25th we will be holding our AGM in the Village Hall commencing at 7.30pm. We need to find a new Programme Secretary as Rose is retiring. Rose has been an excellent Programmer for the last 10 years, finding Speakers and venues, making sure we could find the venues and preparing our Hall for the Speakers. Hope to see you all at the AGM.

Stoke Ash Gardening Club

4th Monday in the month at 7.30pm unless otherwise advised

For visits, meet at the Hall at 6.30pm

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For more details: Lionel Coe 01379 678463

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Stoke Ash and Thwaite Parish Council Website

After a couple of hours introduction on 'How to do it', and several months of various frustrations, most of which encouraged the use of interesting spoken language, our website is at last responding to my efforts, and is beginning to take shape. There is much left to do.

The Home page index will soon include a village information page with footpath maps, bus time tables, village organisations, taxi details, bin collection details, church timings, website links, medical and hospital details and so on. I have much of the information, but have yet to discover how it can readily be displayed !

All of the content is automatically archived by the web provider, and will apparently be available in the future, so I plan to record village events with photo's .

You can see progress so far at stokeashandthwaite.onesuffolk.net

If 80 years olds can do sit ups.....



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regular activities...**


**Stoke Ash
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Sunday	10.45am 11.15am 12.00pm 6.30pm	Morning service including: Junior Church (aged 4-16) Communion (1st Sun. in month), Tea/coffee (except 1st Sun) Evening service (youth service once a month)
Tuesday	7.30-9.00pm	Prayer, Share & Bible focus (in new hall)
2nd Tue	7.30-9.00pm	Young Adults Study (venue subject to change)
Friday	6.30-7.30pm	JunXion Club for children aged 5-11yrs (term-time)

Also regularly: Friends & Neighbours, Community Breakfasts & Lunches, Home Bible Study, Christianity/Discipleship Explored Courses & Holiday Club.

Please come along - you will receive a warm welcome.

**More details on our website at www.stokeashbaptist.co.uk
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the JUNXION CLUB

Children's Club for Primary school age.

Meeting every Friday in The New Hall 6.30 to 7.30pm

Stoke Ash Baptist Chapel, Chapel Lane, Stoke Ash

Indoor activities of games, crafts, lego, Nerf and bible stories

Outdoor activities on the playing field during spring,

summer and autumn terms like football,

rounders, kites, baloon rockets etc

Re-commencing after Dec 6th party, January 17th 2020

There is a minibus for transport if required.

For more details contact Elena on 07794 003742 or Gordon on 07745 365583

**Come for a free lunch and chat
'We'll meet again' monthly lunch club**

**The New Youth Hall
Chapel Lane, Stoke Ash IP23 7EU**

12.30 for 1.00pm

Wednesday January 29th

The meal is primarily for those over 65 in the Stoke Ash & Thwaite area
who would like to meet up with others who may be living alone
and would like to have a meal and chat

RSVP to Gordon or Janis on 01379 678450 Mobile 07745 365583

If you require transport please ask.

The last one this year was the Christmas lunch on November 27th.

We start again January 29th 2020

Supported by Pargiter Trust Fund, Stoke Ash & Thwaite PC and Stoke Ash Baptist Church



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STOKE ASH WI

In September our speaker was Liza Jones and the title of her presentation was “Savvy Shopping”. Liza had spent many years of her working life in the world of marketing and had a clear insight into how manufacturers and advertisers work hard to get us to spend our money with them. She showed us some of the ways we can be drawn towards one product as opposed to another, and she also pointed out some of the clever marketing tricks that companies use. Puffed up packaging is a particular thing to look out for as something very small can be made to appear much larger, and therefore more valuable, than it really is. She had a very impressive collection of Marmite jars, which she used to illustrate how manufacturers can use brand loyalty to get customers to buy items for inflated prices, because they feel an allegiance to the brand. They also bring out 'Special Editions' and many of these appeal to collectors as they have a certain rarity value. Who knew there was even a Marmite made with gold leaf added?

Our October meeting was not as planned as the speaker who was booked couldn't make it due to illness, however, an evening of games and fun was hastily put together. After the normal business of the group, our evening was spent playing Jenga (noisy), Snakes & Ladders (a close battle), darts (rusty!) and various other board games that brought out our competitive spirit. No-one was sent off for bad behaviour and not even a yellow card issued. It was a really pleasant, if unexpectedly casual, evening and our speaker has promised to come to us another month to show us how to put together some healthy and nutritious meals. We're looking forward to that (especially if there's samples!).

Our programme for meetings is published on the village website and on our dedicated WI page (<http://sefwi.org.uk/institutes/stoke-ash>). Meetings are held on the second Wednesday of each month at the village hall, starting at 7.30pm.

If any ladies have been thinking of coming along but still haven't made it, please join us this year. You can come as a guest for an evening and, if you'd rather not come alone contact the President, whose details are in the newsletter, who can put you in touch with someone who will bring you in and introduce you. There's a warm welcome waiting for you!

Stoke Ash & Thwaite Parish Council - report on meeting held 19 September 2019 at Stoke Ash Village Hall.

Stoke Ash Parish Sign – having considered use of the Cil money awarded by Mid Suffolk District Council for the development of 2 new dwellings in Stoke Ash, of the 15 suggestions put forward members agreed they would like to see a Stoke Ash Village Sign. To ensure the community is involved, parishioners have been asked to put forward Designs for a Sign and these will be considered at the next meeting. If parishioners have any further suggestions for the design please email these to the chairman, Cllr Paul Morris, as soon as possible.

Two further items will be considered, additional play equipment and a village mower, depending on funding available.

Lunch Club – Cllr Leggett reported on the success of the lunches which have been well attended and thoroughly enjoyed. The Suffolk Foundation gave funding for the lunches for one year and this will come to an end very shortly. If however parishioners are keen to continue with the lunches, Cllr Leggett will be asking whether those attending would be prepared to make a very small contribution to cover minimal costs for the food. It is hoped they will continue and members recorded thanks to Cllr Leggett, Cllr Mrs Christine Maisey and all other helpers.



Speeding through The Street, Stoke Ash – the speed of vehicles travelling through The Street, Stoke Ash has been discussed with County Cllr Andrew Stringer. Members had suggested reducing the speed limit from 30mph to 20mph but Cllr Stringer has stated this would be difficult to enforce unless factual evidence was available, i.e. reports of an accident. As a first attempt at bringing speed to the attention of motorists Cllr Stringer has suggested the use of High Viz ‘Slow Down’ vests for dog walkers and pedestrians. These will be provided by Suffolk CC Highways and are due to be available for pedestrians from the Post Office in Stoke Ash. Pedestrians are asked to monitor and gauge whether these have the desired effect at slowing traffic down.

Defibrillator – discussions have been held with the Community Heartbeat Trust regarding the installation of a defibrillator in Stoke Ash. The Heartbeat Trust funds and maintains the defibrillators that it provides but prefers to install them in telephone kiosks so this will be looked at again together with the possibility of moving the kiosk to the village hall green, which it is believed would be a better location.

Date of next meeting: Thursday 16 January 2020, 8pm at Stoke Ash Village Hall.
In the meantime, Parish Council Members take the opportunity of wishing all parishioners a very Happy Christmas and peaceful New Year.



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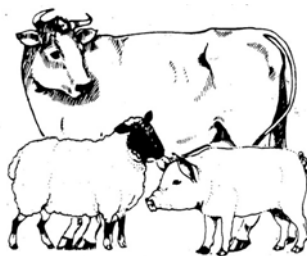
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Going...Going - the Parish Council chairman at work with the Church working part in July 2019





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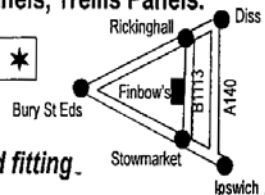
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County Councillor Andrew Stringer	07774 199061 & 01449 780339		
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Mid Suffolk District Council			0300 1234000
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